

Nancy's Socks

Wendy D. Johnson



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Sizes

Extra-Small (Small, Medium, Large, Extra-Large): 6, (7 (8, 9 10)" circumference, stretched slightly)

Gauge

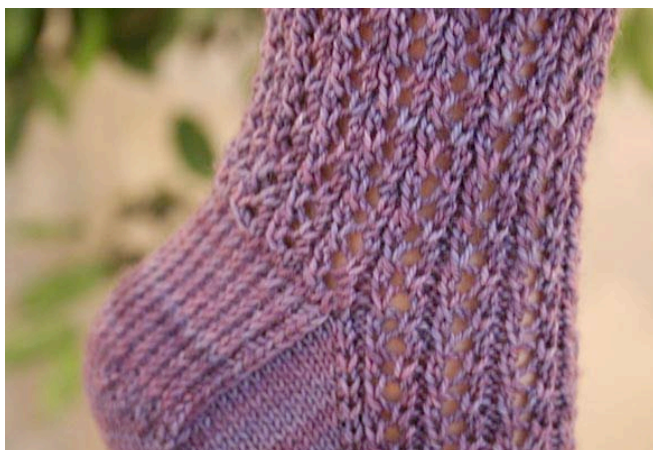
8 stitches/12 rows per inch measured over stockinette stitch

Needles

US size 1 (2.25mm or 2.5mm) needles – either double-pointed needles (dpns), 2 short circulars, or 1 long circular (see note below), or size to attain gauge

Yarn

Fingering weight sock yarn (approx. 350 – 400 yards)



Abbreviations:

K – knit

K2TOG – knit 2 together

KFB – knit in the front and back of the next stitch

M1 – make one

P – purl

P2TOG – purl 2 together

PFB – purl in the front and back of the next stitch

SL – slip

SSK – Slip one stitch as if to knit, then slip the next stitch as if to purl. Insert left needle into the front loops of the slipped stitches and knit them together from this position (through the back loops)

W&T – Wrap and turn. Bring yarn to front of work between needles, slip next stitch to right-hand needle, bring yarn around this stitch to back of work, slip stitch back to left-hand needle, turn your work to begin working back in the other direction.

YO – yarnover

Notes:

You can knit these socks using your favorite sock-knitting method: dpns, 2 short circulars, or 1 long circular for magic loop. The pattern divides the stitches into 2 groups: Needle 1: instep (top of the foot) and Needle 2: sole (bottom of the foot). You will either divide each group over 2 dpns, place the whole group on 1 of your 2 short circulars, or on half your long circular for magic loop.

Toe:

With the smaller needles and using a toe-up cast-on method, (like the Turkish cast-on or Judy's Magic Cast-on), cast on a total of 22 (26, 30, 34, 38) stitches – 11 (13, 15, 17, 19) on each needle. Knit across the stitches on each needle once. On the next round increase 4 stitches thusly:

Needle 1: KFB, knit until 2 stitches remain, KFB, K1

Needle 2: KFB, knit until 2 stitches remain, KFB, K1

Then knit a round without increasing.

Repeat these 2 rounds until you have a total of 50 (58, 66, 74, 82) stitches: 25 (29, 33, 37, 41) on each needle.

Foot:

Start the pattern. You will work the chart over Needle 1 only (the instep stitches). Work Row 1 of the chart as follows: work the 4 stitches of the chart 6 (7, 8, 9, 10) times, then work the first stitch of the chart again. Knit across Needle 2 (the sole stitches).

Continue in this manner, working as many rows of the 4-row pattern as needed until approximately 3" shy of the total length of the foot.

Create the Gusset:

Round 1: Work across the instep stitches in the pattern. Sole stitches: KFB, knit until 2 stitches remain, KFB, K1.

Round 2: Work across the instep stitches in the pattern. Sole stitches: Knit all stitches.

Repeat Rounds 1 and 2 until you have 43 (49, 55, 61, 67) stitches on Needle 2. Work 1 row across the instep stitches in the pattern.

Turn the Heel:

You will now work back and forth on the sole stitches (now the heel stitches) and will not knit the instep stitches while turning the heel. Turn heel as follows:

- Row 1: (RS) K 29 (33, 37, 41, 45), KFB, K1, W&T
- Row 2: P 18 (20, 22, 24, 26), PFB, P1, W&T
- Row 3: K 16 (18, 20, 22, 24), KFB, K1, W&T
- Row 4: P 14 (16, 18, 20, 22), PFB, P1, W&T
- Row 5: K 12 (14, 16, 18, 20), KFB, K1, W&T
- Row 6: P 10 (12, 14, 16, 18), PFB, P1, W&T
- Row 7: K 8 (10, 12, 14, 16), KFB, K1, W&T
- Row 8: P 6 (8, 10, 12, 14), PFB, P1, W&T

You now have 51 (57, 63, 69, 75) heel stitches, having just completed a wrong-side row. On the right side, knit to the end of the heel stitches. Work 1 row across the instep stitches in the pattern.

Heel Flap:

Work back and forth on the heel stitches:

- Row 1 (RS): K 37 (42, 47, 52, 57), SSK, turn
- Row 2: SL 1, P 23 (27, 31, 35, 39), P2TOG, turn
- Row 3: [SL 1, K1] 12 (14, 16, 18, 20) times, SSK, turn

Repeat Rows 2-3 until all side stitches have been worked, end having worked Row 2.

Turn your work and knit across, decreasing 2 stitches evenly above the heel stitches. You now have 23 (27, 31, 35, 39) heel stitches.

You now have a total of 48 (56, 64, 74, 80) stitches on your needles: 25 (29, 33, 37, 41) on Needle 1 and 23 (31, 31, 37, 39) on Needle 2.

Leg:

Begin working in the round again by knitting across the instep stitches (Needle 1) in the pattern as set. Now, begin knitting the pattern over the stitches on Needle 2, starting on the same row as you knit on Needle 1, as follows:

Work stitches 2 – 4 of the pattern chart, then work the 4 stitches of the chart 4 (6, 7, 8, 9) times.

Now work the pattern as set until the leg measures 6" above the heel, or until 1½" short of your desired total length.

Work in K1, P1 ribbing for 1½ inches. Bind off very loosely in rib.

Pattern Chart

			•	
	○	∧	•	3
			•	
∧	○		•	1
	3		1	

Key

	Knit
•	Purl
○	Yarn over
∧	K2 tog
∧	SSK

Pattern in Words:

- Row 1: P1, k1, yo, ssk
- Row 2: p1, k3
- Row 3: p1, k2tog, yo, k1
- Row 4: p1, k3

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